

## TEAM BUILDING ACTIVITIES

		Communication	Trust	Lateral - Thinking	Fun	Symbiosis	Building & Organizing	Challenge
1	A Frame	√	√	√	√			
2	Log Jam	√		√		√		
3	Frog Pond	√		√	√			
4	Tying The Knot			√	√	√	√	
5	Can Of The Best	√		√			√	
6	Spiral	√		√	√	√		
7	Ant Trap	√		√			√	
8	Blind Football	√	√		√			
9	Blindfolded Shapes	√		√				
10	Board Walking				√	√	√	
11	Barrel Moving	√		√		√	√	
12	Trust & Thinking		√	√				√
14	Swamp	√	√	√	√	√		√
15	Spiders Web	√	√	√				
16	Lollipop		√	√				
17	Tyre Puzzle	√		√		√		
18	Hanging Vines		√		√			√
19	Woozie Wires	√	√		√			√
20	Wall	√	√	√		√		√
21	Trust Fall		√			√		√
22	Bridge Building	√		√	√		√	
23	Archery					√		
24	Rock Wall Climbing		√		√			√
25	Low Ropes Course	√	√	√	√	√		
26	Crossover Ropes		√		√			√
27	Board Puzzles	√		√		√		
28	Board Crossings		√		√			
29	Abseiling		√		√	√		√
30	Treasure Hunt	√		√	√	√		